

**HEALTH AND WELLNESS QUESTIONNAIRE**  
MICHELLE M. EAGAN, MD

Name: \_\_\_\_\_ Date \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Referral: \_\_\_\_\_

**Y N** We may contact you by phone or email.

**Y N** We may thank the person that referred you.

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_

Allergies: \_\_\_\_\_

Medications: \_\_\_\_\_

**REASON FOR TODAY'S APPOINTMENT:** \_\_\_\_\_

**Please circle Yes or No for the following questions. If your response is Yes, please describe.**

**MEDICAL INFORMATION**

**Y N** Weight loss or gain: \_\_\_\_\_ lbs \_\_\_\_\_

**Y N** Diabetes \_\_\_\_\_ HgA1c \_\_\_\_\_

**Y N** Wound healing problems: difficulty healing wounds, keloids, hypertrophic scars;  
locations \_\_\_\_\_

**Y N** Arthritis or other rheumatologic or vascular disease \_\_\_\_\_

**Y N** Cancer of any sort \_\_\_\_\_

**Y N** Chest pain, palpitations, heart devices, Heart disease or any heart problems \_\_\_\_\_

**Y N** HIGH BLOOD PRESSURE \_\_\_\_\_

**Y N** Thyroid, endocrine or hormonal problems \_\_\_\_\_

**Y N** Difficulty swallowing or change in your voice \_\_\_\_\_

**Y N** Eye problems, infections, or injuries \_\_\_\_\_

**Y N** Nasal problems, difficulty breathing, nose injuries \_\_\_\_\_

**Y N** Lung problems, pneumonia, TB, asthma, congestion, shortness of breath when walking up  
stairs, use of an inhaler or wheezing \_\_\_\_\_

**Y N** Breast problems \_\_\_\_\_

**Y N** Stomach, intestinal, bowel, hemorrhoid, ulcers, bleeding or digestion problems \_\_\_\_\_

**Y N** Liver, gallbladder problems \_\_\_\_\_

**Y N** Kidney, bladder, or urinary problems \_\_\_\_\_

**Y N** Nervous disorder, depression (explain) \_\_\_\_\_

**Y N** Epilepsy, convulsions, seizures \_\_\_\_\_

**Y N** Migraines/TMJ \_\_\_\_\_

**Y N** HIV or AIDS \_\_\_\_\_ If YES, what is your viral load? \_\_\_\_\_

**Y N** Herpes, chancre sores, cold sores, shingles \_\_\_\_\_

**Y N** ANY infections requiring hospitalization (explain) \_\_\_\_\_

**Y N** ANY abnormal lab test or X-ray (describe) \_\_\_\_\_

**Y N** EVER hospitalized and why \_\_\_\_\_

**Y N** DATE of last physical exam, by whom \_\_\_\_\_

**If applicable**

**Y N** Number of pregnancies/children and year of birth \_\_\_\_\_  
\_\_\_\_\_ Vaginal \_\_\_\_\_ C-Section

**Y N** Breastfeeding :Bra Size: Pre-pregnancy \_\_\_\_\_ During Pregnancy \_\_\_\_ Current \_\_\_\_\_

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- Y N Last Mammogram: Date: \_\_\_\_\_ Normal \_\_\_\_\_ Abnormal \_\_\_\_\_  
Y N Desire to have larger/smaller/lifted breasts; **Current Bra Size:** \_\_\_\_\_ **Desired Bra Size:** \_\_\_\_\_  
Y N Vaginal dryness or use of lubrication/creams \_\_\_\_\_  
Y N Genital Looseness \_\_\_\_\_  
Y N Urinary Leakage \_\_\_\_\_ # per day \_\_\_\_\_  
Y N History of endometriosis/vaginal surgeries/hysterectomy \_\_\_\_\_  
Y N Last Pap Smear: Date: \_\_\_\_\_ Normal \_\_\_\_\_ Abnormal \_\_\_\_\_  
Y N Is there a possibility you may be pregnant? DATE of last menstrual period \_\_\_\_\_

**BLOOD CLOTTING INFORMATION**

- Y N History of DVT (deep venous clots), PE (pulmonary embolus), or phlebitis (vein infections) \_\_\_\_\_  
Y N Difficulty blood clotting or easy bruising or easy bleeding \_\_\_\_\_  
Y N Heavy, prolonged or excessive menstrual periods \_\_\_\_\_  
Y N History of blood clotting problems, either TOO MUCH or TOO LITTLE clotting \_\_\_\_\_  
Y N Are you pregnant, have had a baby, or an abortion in the past 3 months: \_\_\_\_\_  
Y N Birth Control, Hormone, or Hormone Replacement: \_\_\_\_\_  
Y N Do you have or have you ever had varicose veins: \_\_\_\_\_

**SURGICAL HISTORY**

- Y N List all surgeries you have had \_\_\_\_\_  
Y N Have you ever had LASIK or other eye surgery \_\_\_\_\_  
Y N Difficulty *or nausea* with local or general anesthesia \_\_\_\_\_

**FAMILY HISTORY**

- Y N Any cancer in your family? What kind and who? \_\_\_\_\_  
Y N Do you have breast cancer in your family? If so, Who? \_\_\_\_\_  
Y N Any bleeding or blood clots in your family? What kind and who? \_\_\_\_\_  
Y N Any history of difficulty with general anesthesia in your family? What kind and who?  
\_\_\_\_\_

**PERSONAL HISTORY**

- Y N Smoking (ever) how much, when \_\_\_\_\_  
Y N Recreational drugs \_\_\_\_\_  
Y N Alcohol, how much \_\_\_\_\_  
Y N Employed, by whom, what position \_\_\_\_\_  
Y N Married \_\_\_\_\_  
Y N If you undergo surgery, do you have a caretaker? \_\_\_\_\_

**MEDICATIONS AND SUPPLEMENTS YOU ARE TAKING**

- Y N Prescription medications \_\_\_\_\_  
Y N Vitamins \_\_\_\_\_  
Y N Herbal supplements including herbal teas \_\_\_\_\_  
Y N Non-prescription or over-the-counter medications \_\_\_\_\_  
Y N Recreational drugs, steroids \_\_\_\_\_

**PHARMACY : NAME & PHONE NUMBER:** \_\_\_\_\_

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**I WOULD LIKE TO DISCUSS:**

**Y N** Breast \_\_\_\_\_

- |   |  |
|---|--|
| <input type="checkbox"/> Breast Enlargement (Current size_____) | <input type="checkbox"/> Revision of previous breast surgery         |
| <input type="checkbox"/> Breast Lift for Sagging breast         | <input type="checkbox"/> Removal and replacement of current implants |
| <input type="checkbox"/> Nipple Reduction                       | <input type="checkbox"/> Scar revision                               |
| <input type="checkbox"/> Areola Reduction                       | <input type="checkbox"/> Bra fat rolls                               |
| <input type="checkbox"/> Inverted Nipple Repair                 |  |

**Y N** Tummy \_\_\_\_\_

- |  |  |
|--|--|
| <input type="checkbox"/> Loose skin              | <input type="checkbox"/> Belly Button revision |
| <input type="checkbox"/> Fat reduction           | <input type="checkbox"/> Scar revision         |
| <input type="checkbox"/> Muscle spreading/hernia |  |

**Y N** Genitalia \_\_\_\_\_

- |  |   |
|--|---|
| <input type="checkbox"/> Mons lift     | <input type="checkbox"/> Urinary incontinence |
| <input type="checkbox"/> Excess skin   | <input type="checkbox"/> Vaginal Dryness      |
| <input type="checkbox"/> Looseness     | <input type="checkbox"/> Decreased sensation  |
| <input type="checkbox"/> Fat reduction |   |

**Y N** Buttocks \_\_\_\_\_

- |   |  |
|---|--|
| <input type="checkbox"/> Cellulite      | <input type="checkbox"/> Buttock lift        |
| <input type="checkbox"/> Skin looseness | <input type="checkbox"/> Buttock enlargement |

**Y N** Arms/Legs/Knees/Ankles \_\_\_\_\_

- |   |                                       |
|---|---------------------------------------|
| <input type="checkbox"/> Fat Reduction            | <input type="checkbox"/> Thick ankles |
| <input type="checkbox"/> Skin Tightening          | <input type="checkbox"/> Small calves |
| <input type="checkbox"/> Wrinkled or sagging skin | <input type="checkbox"/> Spider veins |

**Y N** Face \_\_\_\_\_

- |   |   |
|---|---|
| <input type="checkbox"/> Loose skin                   | <input type="checkbox"/> Prominent ears                       |
| <input type="checkbox"/> Double chin                  | <input type="checkbox"/> Enlarged or wrinkled earlobes        |
| <input type="checkbox"/> Jawline reduction/sculpting  | <input type="checkbox"/> Split earlobes or stretched earlobes |
| <input type="checkbox"/> Cheek reduction/sculpting    | <input type="checkbox"/> Thin eyelashes                       |
| <input type="checkbox"/> Facial Fillers/Rejuvenation  | <input type="checkbox"/> Sunscreen                            |
| <input type="checkbox"/> Migraine Treatment           | <input type="checkbox"/> Hyperpigmentation                    |
| <input type="checkbox"/> TMJ treatment                | <input type="checkbox"/> Wrinkles                             |
| <input type="checkbox"/> Sagging or bulging eyelids   | <input type="checkbox"/> Low eyebrows                         |
| <input type="checkbox"/> Lip enlargement/rejuvenation |   |